



Kingdom Life Ministry Presents:

Keys to Kingdom Living

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Dear Friend,

Power of the Spoken Word!

I think we all remember the phrase, “Sticks and stones may break your bones but names will never hurt you.” I can tell you that I’ve been hit with a few sticks and stones during my life and I can attest to the fact that they do hurt but to say that names will never hurt us is not all that truthful. I hardly know of anyone who hasn’t been hurt by false accusations or words that degrade or ridicule us. So words do hurt and with that hurt is the understanding that there is power in the spoken word to either bless or to curse.

But where did words originate from in the first place. If we were to go back to the beginning we would find in John 1:1, “**In the beginning was the Word, and the Word was with God, and the Word was God.**” And further he says, “**Through him all things were made....and in him was life.**” Wow, the first word was Jesus and within that context we see that the creator who was full of grace and truth made everything that was ever made. In the beginning there was perfect harmony and peace.

Words—so innocent and powerless as they are, as standing in a dictionary, how potent for good and evil they become, in the hands of one who knows how to combine them!”
Nathaniel Hawthorne

I would think that we all would agree that we have problems controlling our speech at times. Now I realize that there may be some of you in which this is not a problem so I will just be talking to those of us who every now and then slip in the grace department and blurt out some hurtful and unkind things. Many of us have either been on the giving or the receiving line of being hurt or blessed by words spoken over us. Proverbs 18:21, “**The tongue has the power of life and death**”

In fact it can be quite amazing at how just a little comment can become such a big deal at times. A seemingly harmless statement can become blown completely out of context. James 3:3-5, “**When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark.**”

Power of the Unspoken Word!

I was reading the other day in Matthew 5:27 where Jesus was speaking to the crowd about the sin of adultery. He told them that; “**Anyone who looks at a woman lustfully has already committed adultery with her in his heart.**” I don’t think there was one person there who wasn’t listening to what Jesus was saying. That the conscious *thinking* of committing a sexual act with another person outside of marriage was just like committing the actual act of adultery.

Jesus is telling us that there is incredible power within our thoughts which is equal to the words we speak. But is there proof that our spoken words actually do physically affect others and ourselves when we think in harmful and negative ways?

Every thought is a seed. If you plant crab apples don't count on harvesting golden Delicious

Did you realize that there are scientific studies which show that 70% of the Earth and 70% of our Bodies are comprised of water? Even more startling is the fact that 90% of our brain is comprised of water. There is new scientific evidence that our thoughts can affect the molecular structure of water. If this is accurate then the quality of our health can be directly connected to not only our spoken words but also our unspoken thoughts and ideas.

I was reading a study by Dr. Emoto from Japan who has been visually documenting molecular changes in water by means of a process where he freezes the droplets of water and then examines them under a microscope that has photographic capabilities.

We all know that snowflakes have a very unique shape and structure. So unique that there are no two snowflakes that are exactly the same. It has been shown that water from pristine mountain streams and springs formed beautiful geometric designs. In direct contrast, polluted and toxic water from industrial and populated areas and stagnated water from water pipes and storage dams show definitely distorted and randomly formed crystalline structures.

Our life is what our thoughts make it. A man will find that as he alters his thoughts toward things and other people, things and other people will alter towards him.

James Allen

After seeing water react to different environmental conditions, Mr. Emoto and his colleagues decided to see how thoughts and words affected the formation of untreated, distilled, water crystals, using words typed onto paper by a word processor and taped on glass bottles overnight.

They taped words such as: Adolph Hitler, You Make Me Sick, Mother Teresa, Thank You, I Hate You, etc. onto bottles of water and as they were crystalized photographs were taken of them that showed a remarkable change in the before and after pictures. His study have shown us that positive names or words formed beautiful crystals while negative words or names showed distorted crystalline structures.

In Dr. Emoto's research were found two words (*love and gratitude*) that when combined created the most important vibration which brought about the healthiest results. Just one of these words was not enough. Love needed to be based in gratitude, and gratitude needed to be based in love.

Negative phrases and words are very destructive to the molecular structure of water. The two words which created the most destruction were (you fool) Matthew 5:22, "But anyone who says, 'You fool!' will be in danger of the fire of hell."

Our words, thoughts and ideas affect everything around us.

With these findings we now have profound evidence that we can positively heal and transform our planet and ourselves by the thoughts we choose to think and the ways in which we put those thoughts into practice. "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." Philippians 4:8

Dr. Emoto through his test has found that the spoken word has a vibration that is set off when we speak it forth. If you speak the word 'love' it is as powerful as if you wrote on a piece of paper the word 'love'. Everything you and I do sends forth a vibration that either brings beauty and harmony to this world or disease and death.

Man's greatness lies in his power of thought.
Blaise Pascal

Even though Dr. Emoto is not a Christian he says this, "This principle is what I think makes swearing and slang words destructive. These words are not in accordance with the laws of nature. So, for example, I think you would probably find higher rates of violent crime in areas where a lot of negative language is being used. Just as the Bible says, first there was the Word, and God created all of Creation from the Word."

Since our bodies and the earth are comprised of 70% water it is not hard for us to see how our thoughts and actions affect not only the health of our own bodies but the well being of others we come in contact with. We really do affect the atmosphere within our homes, cities, states and nation by the words we use and the thoughts we are feeling. "Let the words of my mouth and the meditations of my heart be pleasing in your sight, O Lord." Psalm 19:145

Lord we pray that you will fill us a fresh each day with your Holy Spirit that we would think, feel, and speak out of the abundance of your love and be a light unto the world for good and not evil.

Much Love to all,



Rex & Lois

Sao Paulo Brazil
March 22—30th
Speakers: Randy Clark & Rex Burgher

River of Life Church Philadelphia
April 11th